



SINGAPORE SPORTS INSTITUTE

Coach Development in Singapore



LIVE BETTER THROUGH SPORT





**The 21st Century World Class Sports Institute...
Innovator, Thought Leader, Centre of Excellence**

History of Coach Development in Singapore

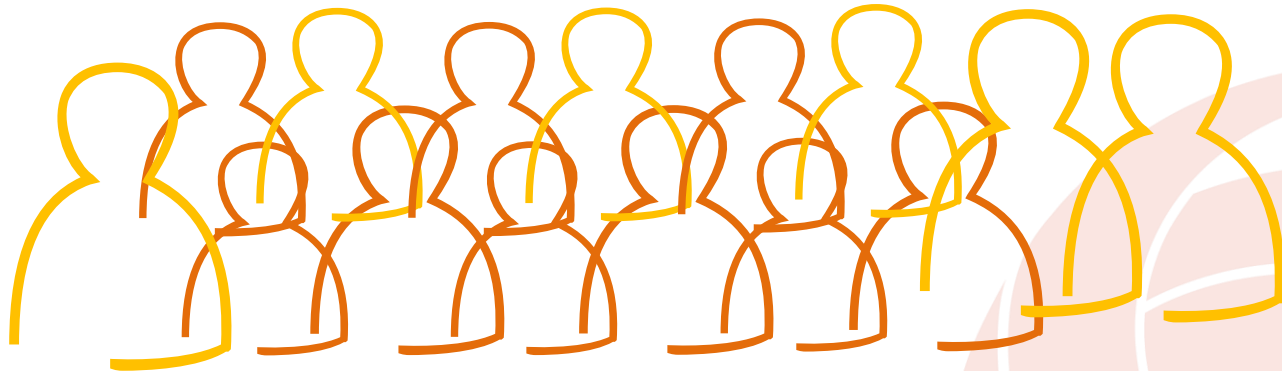


- In 1990, the National Coaching Accreditation Programme (NCAP) was launched
- Classic three-tiered formal education system seen as bridge for beginning coaches without formal teacher training and to insure standards of sport-specific instruction

Demographics of Coaching in Singapore

In 2014, national survey of coaches found:

- ~ 8,000 practicing coaches
- 75% paid, 25 % volunteer
- 67% are free-lance, hourly wage coaches in school setting
- <50% are trained in Physical Education or as educators (34% degree holders)



VISION 2030

HPS enables Team Singapore
Athletes to become **Champions**:

Champions of Sport
Champions of Aspiration
Champions of the Singapore Spirit

Champions increase **social capital, national pride**, inspires Singaporeans to:

“Live Better Through Sport”

Champions capture the hearts & minds of Singaporeans
to support Team Singapore

Champions creates a sustainable pipeline for HPS ecosystem in Singapore

Future Ready
Through Sport

Sport Without
Boundaries

Sport as a National
Language

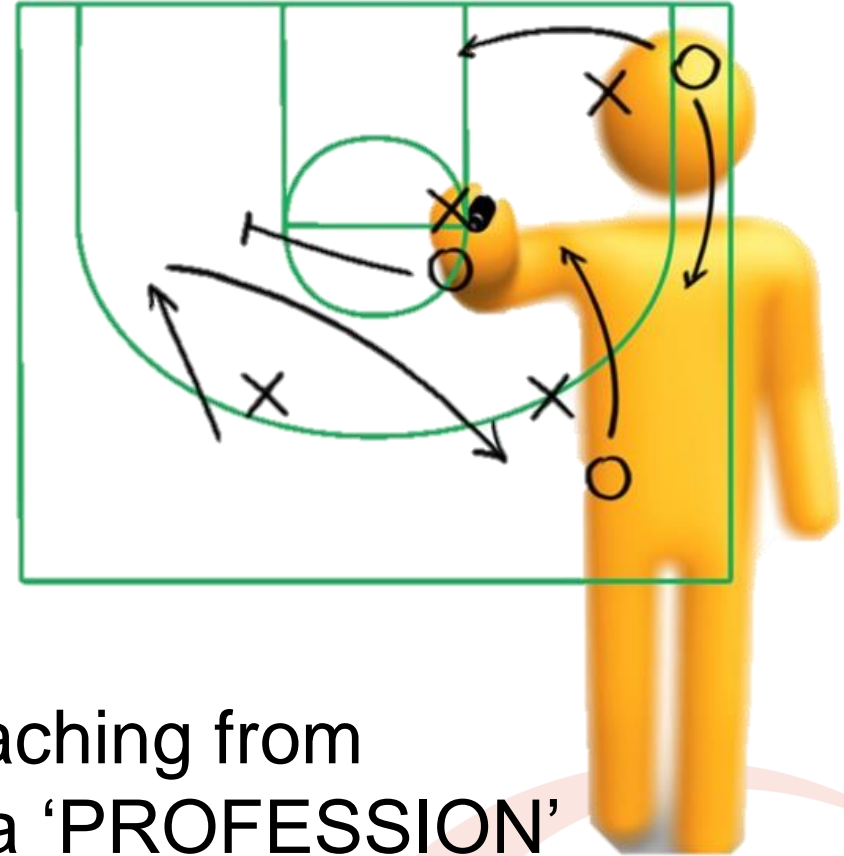
Organising for
Success

The Role of the Coach



Coaches are the single most important influence on how athletes, families, schools, sponsors and the public view sport and elite performance in Singapore. If there is no confidence in 'the coach', there will be no personal journey or life-long family commitment, no sustained school support or sponsored financial investment and no optimism, loyalty or growth in the fan base.

(Vision 2030: Live Better Through Sports, 2012)



Shifting coaching from a 'job' into a 'PROFESSION'

- Minimum Qualifications
- Guidelines and Standards
- Continued, Demonstrated Professional Competency

Roles of Coach Development Department

Education



**SG-Coach
Programme**

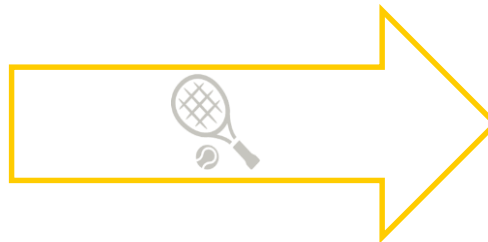
**Training &
Development**



**Continuing Coach
Education**

Mentorship

Management

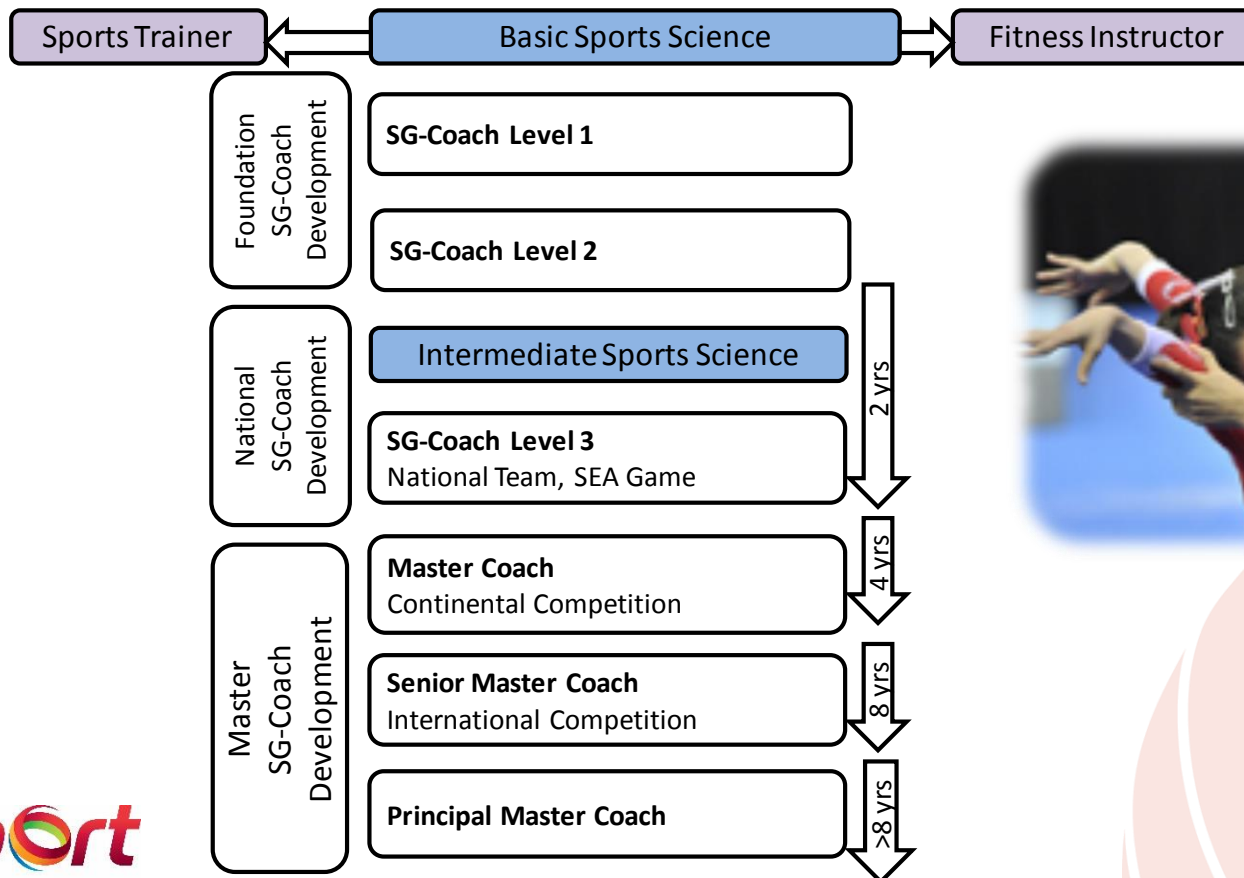


**National Registry
of Coaches**

Code of Ethics

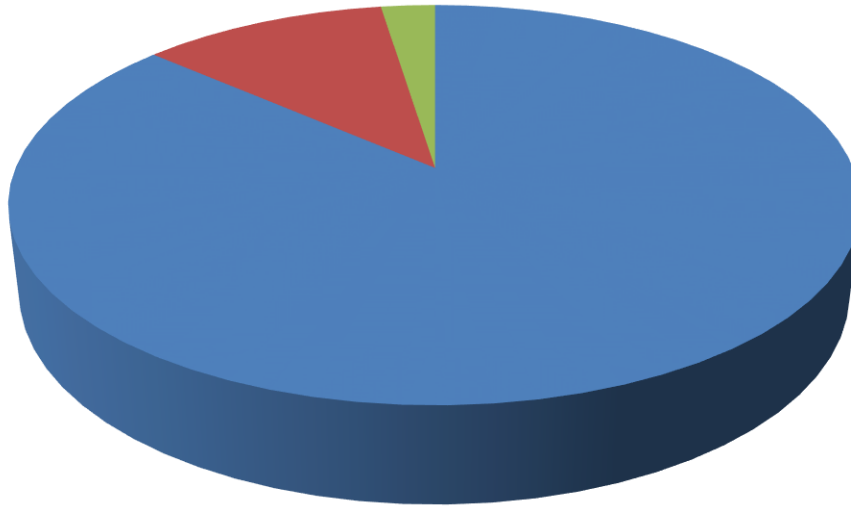
Formal Coach Education

*Focus is on **basic sport science and pedagogy** – the essential grounding to provide a safe and effective sports environment*

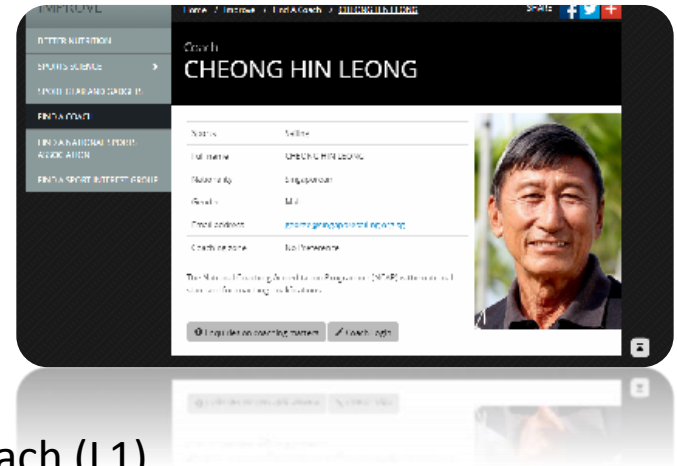


Coach Management

National Registry of Coaches (2,122)



- Coach (L1)
- Senior Coach (L2)
- Master Coach (L3)



Coach's Code of Ethics

Respect of Individuals

Responsible Coaching

Integrity in Actions

Coaching Developments in Singapore

The Academy

- Continuing Coach Development through non formal, lifelong learning and NSA coach developer capabilities

SG Coach Excellence Programme

- Equip Theory & Technical skills and knowledge

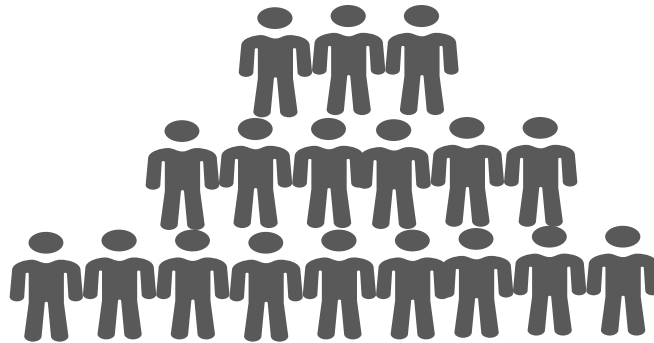
National Registry of Coaches

- Database of certified coaches



Professional Development Focus of the Coaching Academy

- Continued Professional Development:
 - Mediated learning (clinics, workshops etc.)
 - Unmediated learning (networking and interaction with coaches)
 - Internal learning opportunities (reflection and mentorship)
- Formative assessment of competencies vs. summative assessment of minimal knowledge
- Increased role of the Coach Developer on “how to coach”





Questions & Answers



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